

Wholesale Price & Availability List for Whidbey's Small Business Body Product & Soap Makers - Whidbey Local Plant/Tree/Lichen-infused Organic Olive Oil

## Wholesale Price List for Whidbey Plant-, Tree-, and Lichen-infused Oils

Size	Tier 1 Oil Price	Rough price per ounce	Tier 2 Oil Price (names with * are Tier 2)	Rough price per ounce
8 oz jar (cup)	\$9.00	\$1.13	\$10.00	\$1.25
16 oz jar (pint)	\$15.00	\$0.95	\$18.00	\$1.13
32 oz jar (quart)	\$25.00	\$0.80	\$32.00	\$1.00

Plant-infused Oils Available 2020 (infused in organic extra virgin olive oil for 5 weeks to 4 months, depending on the plant)

**Season Typically Available** 

	Common name	Latin name	From	Winter	Spring	Summer	Fall
1.	Burdock root*	Arctium lappa	Silly Dog Studios, Langley	✓			✓
2.	Calendula flower	Calendula officinalis	Silly Dog Studios, Langley			✓	
3.	Chamomile flower	Matricaria chamomilla	Silly Dog Studios, Langley			✓	
4.	Comfrey leaf and flower*	Symphytum uplandica x	Workin' Dreams Farm, Langley			✓	✓
5.	Dandelion flower	Taraxacum officinale	Silly Dog Studios, Langley		✓	✓	✓
6.	<b>Douglas Fir branch</b> (storm fallen or tree-health trimmed branches only)	Pseudotsuga menziesii	Silly Dog Studios, Langley, fallen branches from nearby woods in Langley and Freeland	<b>√</b>	✓	<b>✓</b>	✓
7.	<b>Lavender</b> (blend of English and French varieties)	Lavandula angustifolia and Lavandula Intermedia	Silly Dog Studios, Langley			✓	✓
8.	Lilac flower*	Syringa vulgaris	Neighbor David's Lilacs, Langley			✓	
9.	<b>Mint</b> (peppermint, spearmint, and mojito mint blend)	Mentha × piperita, spicata, & villosa	Silly Dog Studios, Langley		✓	✓	✓
10.	Nettle*	Urtica dioica	Silly Dog Studios, Langley, nettle from our friends' non-sprayed properties in Langley, and some gathered from nearby woods (Langley, Greenbank)		<b>√</b>	<b>✓</b>	<b>√</b>

**Delivery:** You can pick up at Silly Dog Studios, or I can deliver to you. Delivery fee is \$5 anywhere from Clinton to Greenbank and \$10 anywhere from Coupeville to Deception Pass. Fees may be waved for people who share plants, recipes, cookies, or if you can wait until we happen to be coming your way. I don't ship wholesale oils, because I love faces & getting to know you and other trees and plants on the island is a big part of why I love doing this.



Common name	Latin name	From	Winter	Spring	Summer	Fall
11. Purple Dead Nettle	Lamium purpureum	Silly Dog Studios, Langley			✓	
12. Rose flower, bud, and new leaf	I don't know the Latin name of these roses because over time the official names of these roses has been lost.	My friend Bell's climbing roses (Langley), my friend Elizabeth's climbing roses (Clinton), and our own David Austin roses at Silly Dog			✓	✓
13. Rosemary	Salvia rosmarinus	Silly Dog Studios, Langley	✓	✓	✓	✓
<b>14. Usnea lichen*</b> (from off of storm fallen branches only)	Usnea barbata	Silly Dog Studios, Langley, and fallen branches from nearby woods in Langley and Freeland			✓	
<b>15. Western Red Cedar leaf</b> (storm fallen branches only)	Thuja plicata	Silly Dog Studios, Langley, and fallen branches from nearby woods in Langley and Freeland	<b>✓</b>			
16. Wild rose flower, bud, and new leaf*	Rosa rugosa or Rosa nutkana	Silly Dog Studios, Langley (rugosas), our friends Pat and Deb's rugosas in Langley (Highlands), and hosted walks near Deer Lagoon (nutkanas)			✓	✓

<sup>\*</sup> Why Tier 1 and Tier 2? The Tier 2 oils are more expensive to make because I lose oil in the process of making them, and they also take more time to tend or harvest. For example, fresh comfrey and nettle contain a lot of liquid and require close monitoring throughout the process to ensure the oil doesn't spoil. Tier 1 oils are closely monitored the first few weeks and then tend to take care of themselves across the final weeks. Also, the delicate, floating nature of cut up bits of roses and lilacs also means close monitoring throughout their 6+-week processes—usually floating pieces must be removed every few days. Every time I remove bits of comfrey, nettle, rose, or lilac, I lose a little oil, which makes them more expensive to make. The nature of these plants, though, make up for it by infusing into the oil in even more remarkable ways than many other plants—changing the nature of the oil itself. You'll feel the difference if you touch the silky, creamy rose- or lilac-infused oil, for example, and then touch an infused oil made with a harder, drier plant, such as rosemary (whose infused oil smells divine and holds rosemary's properties but still feels like olive oil). Burdock root and usnea are Tier 2 for different reasons. It takes two years for burdock root to reach the maturity level I use for the oil and taking the root means giving death to the plant. If you've ever dug up a burdock root, you'll know that harvesting burdock—which love rocky, difficult-to-dig places and can be several feet long—also takes more time (and sometimes more hands) than harvesting other plants, tree branches, or lichens that I gather or harvest. Usnea lichen takes decades to grow, must be hand ground before infusing, and the infusion process takes 4 months, not 6 weeks. If you can't afford the Tier 2 oils, talk to me about bartering/swapping goods or services, helping gather, or something else.

Other oils not on the list... If there are other plant-infused oils you would like made, ask me if I can make them. Often I can if I—or you—have access to the plants, permission from the plants, and we can gather them ethically, leaving most behind for pollinators, wildlife, and other neighbors who need them.

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## Possibly the Top 4 Benefits of Using Whidbey Plant-infused Oils for Whidbey Body Product Creators...

- Improve product quality, making both you and customers happier. Generous local plants love to help local people. Personally, for example, we've noticed a huge difference between working with local nettle and working with nettle purchased online and shipped here from other places. Certain local plants (for example, fresh roses and lilacs) also make olive oil creamier and silkier, which can make for creamier, silkier lotions, lotion bars, balms, salves, etc. Sensitive people notice the difference. This noticing and appreciating of quality seems especially true for people who live here on Whidbey and for those who deeply love particular places, plants, trees, or people on Whidbey. For example, our friends who love the woods here, LOVE the Cedar and Fir oils made here. Our friends who love certain beaches, LOVE the rugosa rose oil, etc. All of our oils were made with plants grown on Whidbey, and we can tell you exactly where the plants in each jar came from. Plants, trees, and lichen always come from human poison-free places. They are either growing on our property, on trusted friends' properties or farms, or they were ethically/gently/gratefully wild harvested in the Wise Woman tradition.
- ✓ **Sell more products.** *Grown on Whidbey* means neighbors helping neighbors and creating/making locally, not only shopping locally. We've noticed that it also means *selling more* of our body products when words like *Whidbey Douglas Fir* or *Whidbey Nettles*, for example, are on our labels. How lucky are we that we're not alone in our love of the magic of local forests, beaches, prairies, parks, gardens, farms, native species, & beloved ancestral plants?!
- ✓ Deepen our own understanding and relationships, following our own curiosity. Why does Douglas Fir calm so many peoples' minds? Why does nettle help with arthritis? So many questions to follow! Deepen your relationship with local plants—some natives & some long-loved plants brought here by ancestors because they couldn't imagine living without them. I've also deepened my relationships with other tree-, plant-, and lichen-lovers! Making this oil meant changing who I am. To do it, I've had to (got to!) make new friends with more local creators, makers, crafters, herbalists, small farmers, artists, chefs, potters, bartenders, small business owners, land owners, trees, healers, teachers, gardeners, & wise women. Plants and trees connect us all. :-)
- ✓ Save on costs—to you and the environment. Plant-infused oils aren't essential oils. They use far less plant material to make. Their scent isn't as strong but is often more nuanced & complex. They're not one note. Essential oils are often the most costly component in making body products. For some of my body products, I've learned that I don't need to use essential oils at all anymore. In other products, I use far less essential oil than before. For example, many of my lotion bars have very little essential oils in them (1 to 2 drops per bar), because the infused olive oil is plenty strong. The essential oils just round out the scent, making the expensive essential oils last a very long time.



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